

**West Hartford Substance Abuse Prevention Commission (SAPC)
Meeting Minutes
January 8, 2015**

Attendees: Amal Ali, Mary Andrews, Tracy Bennett, Jeff Bersin, Rebecca Burke, Jackie Colon, Cynthia Crockett-Croshaw, Meghan Davis, Micon Davis, Joshua Desrosiers, Jamahl Hines, Nick Ingala, Grace Johnson, Dan Jordan, Joe Kalache, Simmy Kaur, Marc Kotler, Will Krebsbach, Jen Krebsbach, Jianghong Li, Melissa McGuinness, Zach Meya, Troy Moore, Leo Negron, Maddie Schwartz, Marisa Tamayo, Pat Tyler

Enjoy Refreshments

Members enjoyed refreshments prior to this working session.

Welcome / Introductions / Approve Minutes / Early Departures / Announcements

Jeff Bersin welcomed members and introductions were made. Meeting minutes from the December meeting were approved. Jeff offered a special thank you to Harry's Pizza in Bishops Corner for donating the pizza for the meeting tonight. Jeff shared that it is National Law Enforcement Appreciation Day (LEAD) and thanked officers for their service. Jeff also announced that Hall High students are putting on a 3-day performance related to depression and suicide prevention.

Working Session to Take Action on Household Initiative – Facilitated by Dan Jordan, Institute for Community Research (ICR), and to Include SAPC Members, Parents, and Youth

Zach Meya, a member of *Lead by Example (LBE)*, gave an overview of the LBE program and their work. He reported that there have been meetings at Conard and Hall to spread awareness and knowledge about substance abuse. A video was made last year using data collected related to substance use. Zach did an internship with ICR last summer. Surveys have been completed and they are looking at the best way to use the information. There has been discussion regarding improving parent/child communication and working with middle school parents. Amal Ali from ICR then did some ice breakers with the group.

Dan Jordan reminded the group of our determined goal of focusing on parents and the household as well as reducing underage access to substances in the home. Discussion ensued regarding the target audience. Ideas included public and private schools; those who interact with children; middle school parents; and all West Hartford parents. One member felt the target audience depends on how the data will be presented. The goals of limiting access to substances in the home, as well as increasing appropriate parent/child communication, were again stated as goals. One participant stressed the importance of letting parents know their legal responsibility as an effort to change their behavior. The remainder of the meeting was spent with members reviewing prior survey results and choosing areas of interest.

Adjourn

The meeting adjourned at 6:30 PM.

Respectfully submitted,

Pat Tyler

February 4, 2015